

2017 RICHMOND COMPANION INFORMATION

The Richmond region has always had [history](#), for about 400 years. But unless you've stopped by the Capital of the South recently, you might not know that there have been a few more revolutions. There's been a [craft beer revolution](#), a [food revolution](#), a [fashion revolution](#) and an [arts revolution](#). Come see why Richmond Travel + Leisure Top Destination and National Geographic said Richmond is the place to travel to!

REGISTRATION & HELP DESK HOURS

Registration Desk is located on Mezzanine, 2nd Floor

Sunday	10:00am-6:00pm
Monday	7:00am-5:00pm
Tuesday	7:30am-5:00pm
Wednesday	7:30am-5:00pm
Thursday	7:30am-11:00am

EXPLORING THE AREA

Recognizing that over the years the companions attending the conference have had a diverse spectrum of interests, this year the Host Committee and Board decided to make it easy for you to explore on your own. Host Chair Dave Mitchell's wife Lynn is looking forward to sharing her knowledge of the area with you and to directing you towards the ideal excursions that appeal to you personally! To start your planning, the following resources are available:

- ❖ Companion Coordinator Lynn Mitchell's Contact Details: Email: lmitch1278@gmail.com
- ❖ Online Visitors Guide to Richmond:
https://res-4.cloudinary.com/simpleview/image/upload/v1/clients/richmond/VG_2017_compressed_e9d77a11-43f7-4805-a79e-4c68d62bb6a7.pdf
- ❖ Visit Richmond CVB's comprehensive Things to Do
 - <https://www.visitrichmondva.com/things-to-do/>
 - <https://www.visitrichmondva.com/things-to-do/tours-trails/>
 - <https://www.visitrichmondva.com/plan/itineraries/>
 - <https://www.visitrichmondva.com/things-to-do/attractions-museums/>
 - <https://www.visitrichmondva.com/things-to-do/arts-culture/>
- ❖ Richmond Event Calendar <https://www.visitrichmondva.com/events/>
- ❖ Richmond Restaurants <https://www.visitrichmondva.com/restaurants/local-flavor/>
- ❖ Colonial Williamsburg (just 1 hour south)
<http://www.visitwilliamsburg.com/>
<https://www.colonialwilliamsburg.com>

GATHERING ROOM

The York River Room on the 2nd Floor has been set aside as a gathering spot for all companions. Available all day Monday through Thursday (not just in the morning) the York River Room gives companions a place to sit and talk, plan your day, and gather back together in the afternoon after your adventures. Lynn Mitchell will be available on Monday morning (after breakfast) to assist with any questions you may have about the area.

BREAKFAST

On Monday morning, between 7:00am and 9:00am we are hosting a special Companions' Breakfast. Join your fellow companions in Trevi's Grille and enjoy the hotels delightful Art of the Breakfast Buffet, complete with fresh fruits, yogurts, cereals, eggs cooked to order, an omelet station and much more. Enjoy this delicious way to start your week and meet Lynn Mitchell.

On subsequent mornings, the choice is yours to dine on your own, or with friends. Pop into Starbucks for a lite breakfast (open Monday - Friday: 6:30 am-7:00pm), return to the buffet, or simply order room service.

WELCOME RECEPTION

Sunday	7:30 pm – 9:30 pm	James River Ballroom
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SOCIAL BANQUET

Wednesday	6:30 pm – 10:00 pm	Science Museum of Virginia*
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*Please gather in the James River Ballroom Prefunction area for motorcoach transfers to the Social Banquet.