

Biomedical engineering projects Vacation experience

Elsa GARCIA Industrial Trainee October 11th, 2010



Outline

Vacation Student projects

Vacation Student experience

Opportunities



CAP home-based cardiac rehabilitation program



Main problem in cardiac rehabilitation

 There is a significant underutilisation of Cardiac Rehabilitation programs. Only 16% of all the eligible patients complete a program in QLD.

I.A.Scott et.al. "Utilisation of outpatient cardiac rehabilitation in Queensland", MJA 2003; 179(7)

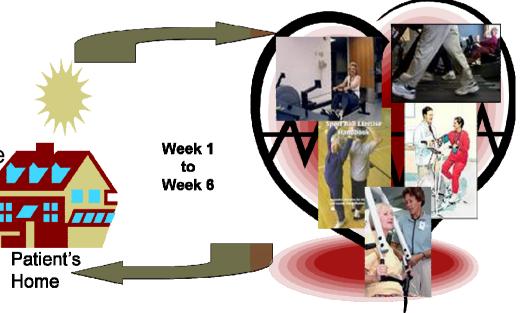
6 station exercise: 3 arms & 3 legs

Principals Reasons:

self-care preferred

negative perception
 of gym-based group exercise

travel, work, cost,
 time issues and complex
 enrolment process



Alternative care models are required



CAP technology setup







Daily motivational SMS, educational video and relaxation audio

Self observations and measurements entered in Wellness Diary software



Weight
Blood Pressure
Movement activity
Heart Rate



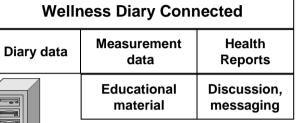




Web -portal access for self management

Data synchronisation and messaging

Service Provider

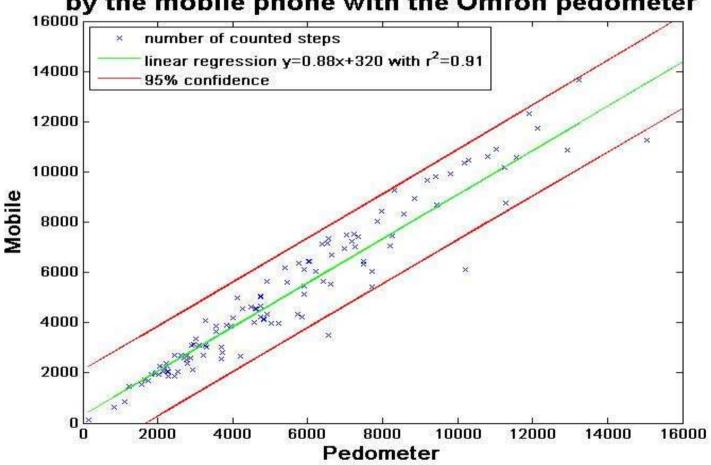


CSIRO



Results of Vacation student experience







Vacation Student experience



Australian E-Health Research Centre

- Good work atmosphere
- Many different projects
- Great opportunities





Big Day In: Student conference



Example of Opportunities with AeHRC



Think about a PhD...





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AeHRC

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Thank you

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